

ENDOMETRIAL BIOPSY PATIENT INFORMATION

Explanation-The endometrium is the lining of the uterus that is normally shed during menstrual periods.

Endometrial biopsies are often recommended for evaluation of infertility or abnormal bleeding. The most common early sign of cancer in the uterine lining is abnormal bleeding.

Procedure- The cervix is cleansed with an antiseptic solution. The physician will stabilize your uterus with a small clamp and then will insert a thin tube-shaped instrument through the opening of the cervix into the uterus. This instrument will sample a thin sliver of the uterine lining as it is gently withdrawn. A cramping pain during and right after the biopsy is common.

Preparation-We suggest that you take a pain reliever such as Advil, Motrin, or Aleve approximately 15-30 minutes prior to your procedure. These medications may be repeated on the day of your procedure for any continued discomfort.

Post biopsy care-During the first few days after an endometrial biopsy, you should watch for signs or infection such as fever (temperature above 100.4 F.), pain, abnormal bleeding, or abnormal discharge. Spotting or light bleeding is quite normal for up to one week after the biopsy.

You should not put anything in your vagina (no tampons, douching, or sexual intercourse) for one week after your biopsy is done.

Follow up-Your biopsy results will return to the office in 3 to 5 days. We will be contacting you to discuss any results as soon as they are available.

Financial-Please call our business office at 936-1007 if you have any questions regarding the charges. There will be an additional charge from the pathology lab that you will receive once the specimen has been processed in the laboratory.